



SOCIAL-EMOTIONAL WELLNESS INTEGRATION

OBJECTIVE: Brainstorm your social-emotional wellness champions and how they can support student social-emotional health as a cornerstone of school wellness initiatives.

SOCIAL-EMOTIONAL SUPPORT

CHAMPIONS: Who are the key supporters in your district (ex. school psychologist, administration, etc.)? What support do they provide?

CHAMPION #1

CHAMPION #2

CHAMPION #3

Role:

CHAMPION #4

CHAMPION #5

CHAMPION #6

Role:

RESOURCES: What resources are you aware of that can support your work? (Ex. curriculum, community agencies, national programs, etc.)

<i>Mental Health Colorado Toolkit</i>	
<i>Random Act of Kindness</i>	

“Investing in these programs benefits schools through better test grades, increased graduation rates, and decreased discipline problems.”

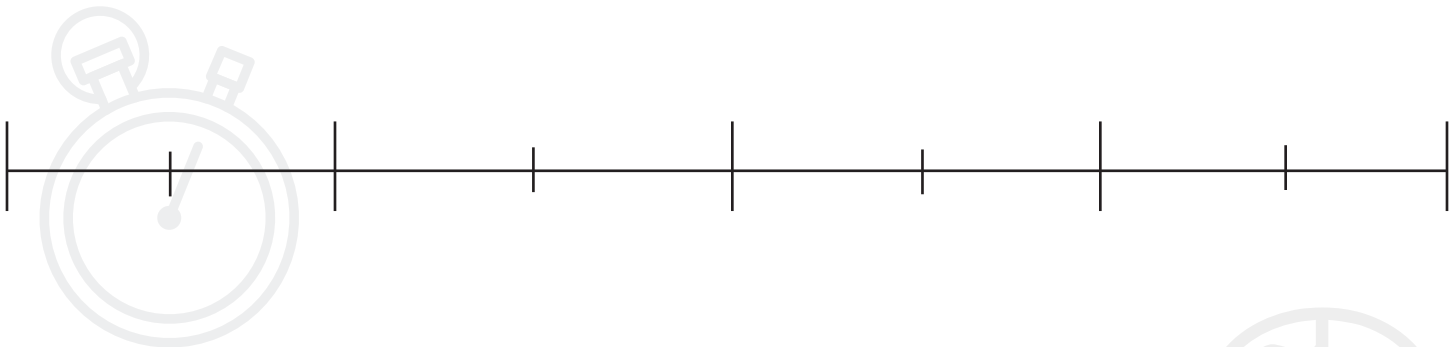


Ballard, Kristin L., Mark A. Sander, and Bonnie Klimes-Dougan. “School-Related and Social-Emotional Outcomes of Providing Mental Health Services in Schools.” *Community Mental Health Journal* 50, no. 2 (2013): 145-49.

GOAL

CREATE: Design a model that integrates students' social-emotional health needs with overall building wellness initiatives.

TIMELINE: Is this something that is feasible in your building? What will be some of the major deadlines for your project?



ACTION ITEMS: Who will be in charge of the major details of your program?

Name	Action	Due Date

PRESENTER INFORMATION:

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SHARE YOUR IDEAS!

